

# SALMA KHATOON FOUNDATION

July 2024 Report  
July 1<sup>st</sup> to July 31<sup>st</sup>, 2024



# Executive Summary

The **Salma Khatoon Foundation**, a living tribute to Salma Khatoon Farid's compassionate spirit, stands as a ray of hope for the less fortunate in Sahiwal. Founded on the tenets of benevolence, it offers cutting-edge healthcare, vital food supply, & clean water accessibility. With the establishment of relief camps and provision of complimentary services, it brings comfort to thousands annually. In homage to Salma Khatoon, the foundation's commitment to empathy is echoed in each initiative, promoting local well-being and worldwide improvement through impactful philanthropy.



# Salma Khatoon Foundation's Projects

Addressing the issues stemming from poverty & unchecked population expansion, Salma Khatoon Foundation has initiated numerous programs to aid the deserving communities. Our emphasis lies on crucial public health initiatives, the distribution of food, & the safety of water supplies.



Healthcare  
Center



Diagnostic  
Lab Services



Vegetable  
Distribution



Eye  
Camp



Food  
Distribution



Clean  
Drinking Water



# SKF Healthcare Statistics

At Salma Khatoon Foundation, a key component of the foundation's healthcare initiative, provides free medical services, tests, & medications to thousands of needy patients each year. With a strong emphasis on public health, education, and eye care, the center stands as a beacon of hope, delivering essential care and promoting wellness within the community.

## Details of services provided to patients in the month of June 2024

Patients	Total Expenditure	Cost per patient	Lab Test	Ultrasounds
<b>1,421</b>	<b>PKR 1,343,674</b>	<b>PKR 945.58</b>	<b>374</b>	<b>83</b>
Attended	USD 4,833.3	USD 3.39	Performed	Performed





## Ration Distribution

The Salma Khatoon Foundation has been consistently organizing a monthly ration campaign, providing essential kitchen groceries such as cooking oil, beans, sugar, flour, rice, and various other items commonly used in households. This initiative aims to support families in need by ensuring they have access to basic food supplies.

Ration Packets	Total Expenditure	Cost Per Packet
<b>1,197</b>	<b>PKR 1,122,210</b>	<b>PKR 937.5</b>
Distributed	USD 4,036.7	USD 3.37





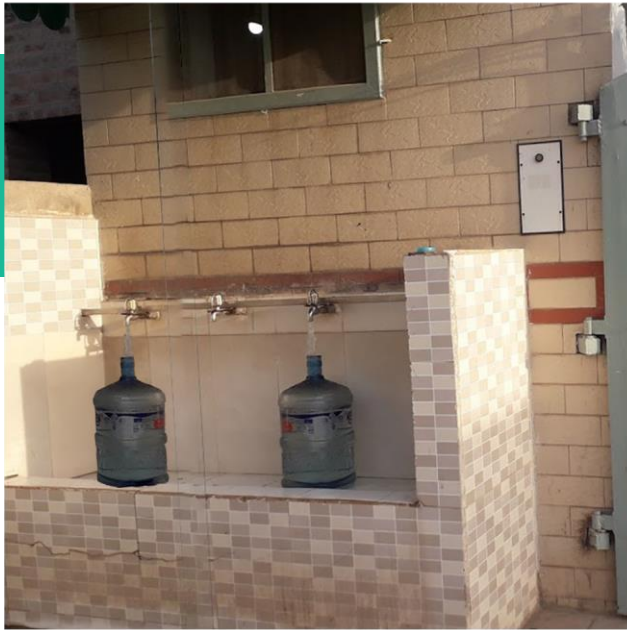
# Monthly Vegetables Distribution

At SK Foundation, we are committed to the benefits of locally grown produce. Our initiative not only nourishes bodies but also builds a sense of community and empowerment among the women we support.

Together, we can make a meaningful impact. For the month of May 2024, we distributed vegetables such as apple gourd, sponge gourd, okra, pumpkin, bitter gourd, green chilies, and green coriander to underprivileged families.

Monthly Distribution of Vegetables	Total Cost
<b>144</b>	<b>31,500 PKR</b>
Families	USD 113





# Drinking Water Distribution Statistics

At the Salma Khatoon Foundation, we believe that clean drinking water is a fundamental human right. Our initiative is dedicated to providing consistent access to safe drinking water for communities in need. By setting up distribution points and installing advanced filtration systems, we deliver clean water to underserved areas, improving health and well-being. **Our mission is to quench the thirst of those in need, one drop at a time.**

Clean drinking water Provided to approximately	Total Operational cost
<b>2000</b>	<b>PKR 65,400</b>
Families	USD 235



# Salma Khatoon Foundation - June 2024 Summary



Healthcare &  
Medicines Given To

**1,421**

Patients

Per Patient Cost

**PKR 945.58**

USD 3.39



Total Ration  
Distribution

**1,197**

Packets

Per Packet Cost

**PKR 937.5**

USD 3.37



Clean Drinking Water  
Provided To Approximately

**2,000**

Families

Total Cost

**PKR 65,400**

USD 235



Monthly Vegetable  
Distribution To

**144**

Families

Total Cost

**PKR 31,500**

USD 113



# Salma Khatoon Healthcare Center

The Salma Khatoon Foundation's objective is to enhance the health of our communities through the provision of superior preventive care. Each year, we treat over 30,000+ patients at a minimal cost (560 PKR/USD \$2) and offer free services to those unable to pay the nominal fee. This fee encompasses medical consultation, laboratory tests, and medications provided by accredited doctors.





# Preventive Healthcare

**“Prevention is better than cure”.**

Preventive healthcare consists of measures taken for disease prevention. Diseases are affected by environmental factors, genetic predisposition, disease agents, and lifestyle choices.

# Doctor's Prescription & Medicines

Staffed by 4 fulltime highly qualified doctors and 12 nurses and supporting staff members, the hospital is a source of relief for the local members of the community. Our certified doctors give qualified medical advice on various health issues and help identify next steps which may include further tests, a prescription or lifestyle tips.





## Diagnostic Lab

At **Salma Khatoon Foundation**, we provide state of the art lab testing facilities to the poor people of the area. Lab tests are performed by trained lab technicians with strict quality control. Currently, hundred of various blood and other diagnostic tests are being performed in our in-house lab facility.

# Eye Camps

Salma Khatoon Foundation also offers free eye camps four times a year in collaboration with **Al-Ehsan Welfare Eye Hospital**. The eye camp consists of the latest equipment for a complete eye check-up, provides free glasses and performs free surgeries when needed. This year the team distributed more than **1,600** prescribed eyeglasses and performed over **250** successful eye surgeries.





## Food Distribution

**Salma Khatoon Foundation** has distributed essential and nutritional food packages to deserving and underprivileged people in Sahiwal. Over the last three years, Pakistan's double-digit food price inflation, along with dwindling income, has left more Pakistanis food insecure. **The World Food Program (WFP)** estimates that approximately 43pc of Pakistanis are food insecure and 18pc of those have acute food insecurity.

# Clean Water

**Salma Khatoon Foundation** has installed a free and clean water distribution plant for everyone to use in the community. More than 80 percent of the country's population faces "severe water scarcity." Especially poor population don't have access to clean water which becomes cause of many public health and general wellbeing issues.

